



### Early Life

Debra Gallop was born in Linden, NJ. She always had an interest in community health, biology, and holistic medicine.

Eating healthy, exercising, and

living a healthy lifestyle is what keeps Debra grounded. She was accepted to Pima College in Tucson, AZ shortly after graduating from high school. Nursing would be the avenue taken to give back to her community.

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### Education

Associates of Science in Nursing- Pima College, Tucson, AZ  
Graduated May 1986

Bachelors of Science in Nursing- The University of Texas Health Science Center at San Antonio, San Antonio, TX – Graduated May 2000

Masters of Science in Nursing- The University of Texas Health Science Center at San Antonio, San Antonio, TX -Graduated May 2002

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### Career

Debra has been a family nurse practitioner specializing in diabetes for over 16 years. She has worked in Internal Medicine, Family Medicine, and Endocrinology during her career as an FNP. She prides herself on excellent reduction of diabetes, hyperlipidemia, hypertension, and weight management. Debra collaborates with the patients to establish health goals which has made her outcomes favorable.

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### Family

Debra has been married for over 24 years. She loves to ride her horses, hiking on trails, and participating in many outdoor activities.

### CERTIFICATIONS and HONORS

- Board Certified by the American Association of Nurse Practitioners
- PALS
- ACLS
- BLS
- CPR
- Member of the AANP since 2002

### CONTACT DETAILS

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